



By: Preyesi, Mervlyn, Ved & Xavier

A Better Start is funded by the Ministry
of Business, Innovation and Employment

Host Institution



LIGGINS
INSTITUTE





ORMISTON
JUNIOR COLLEGE
AUCKLAND

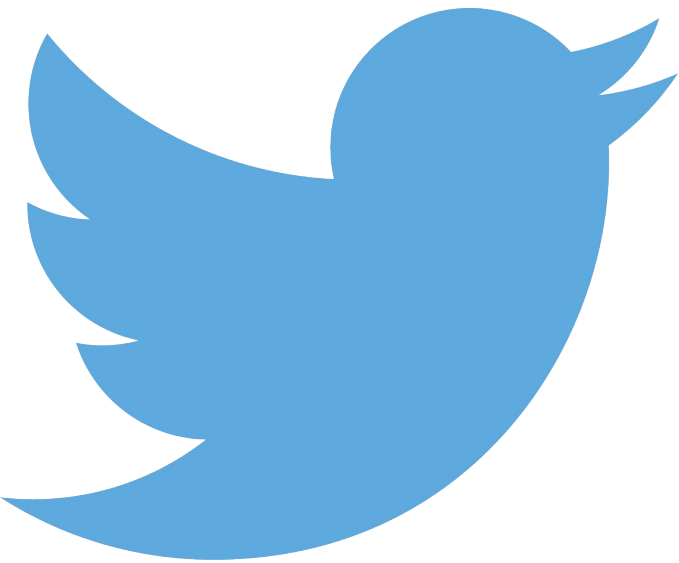
Ormiston Junior College



National
SCIENCE
Challenges

A BETTER
START

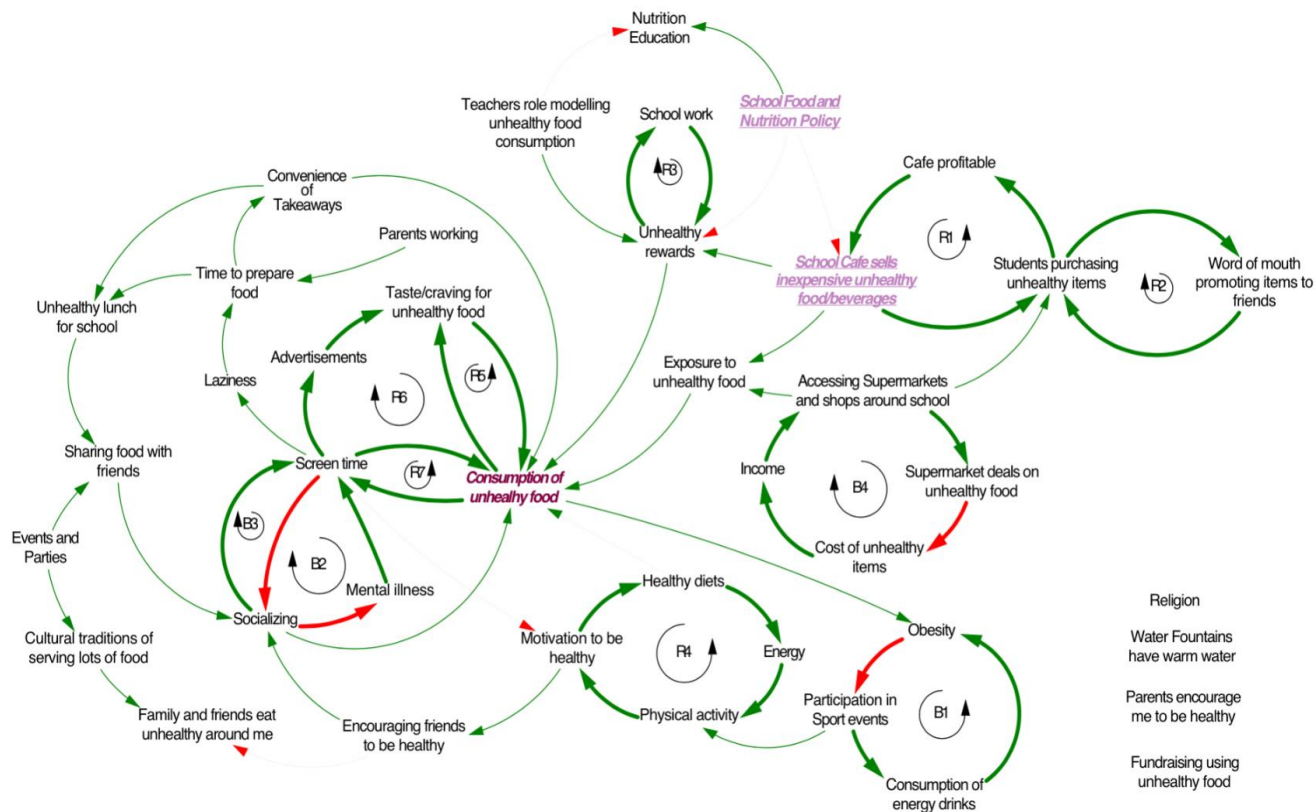
E Tipu e Rea



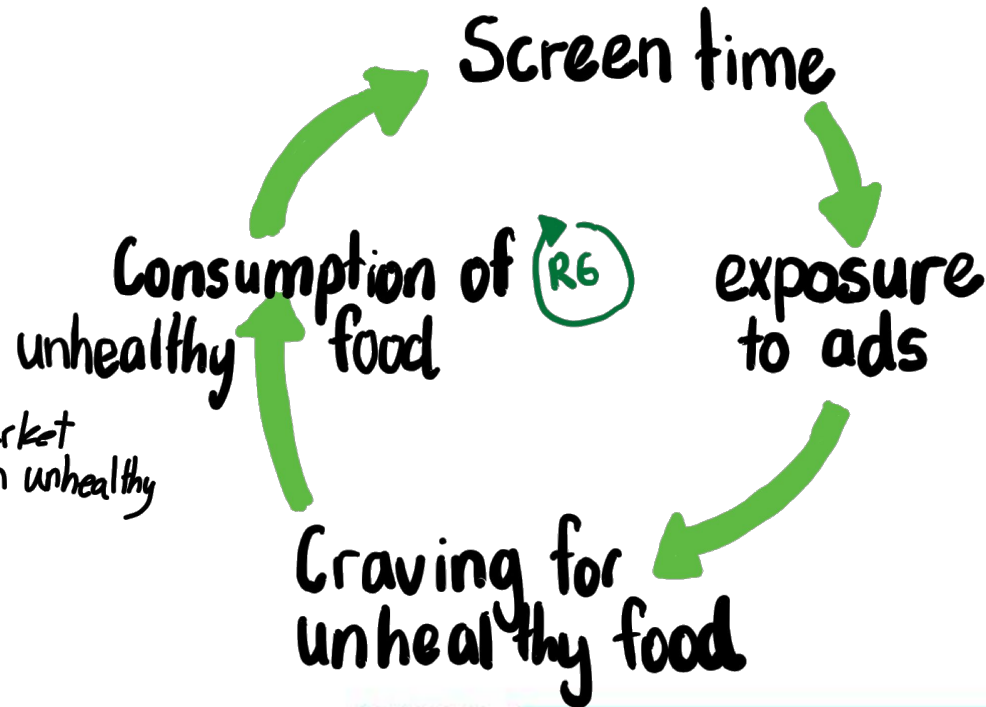
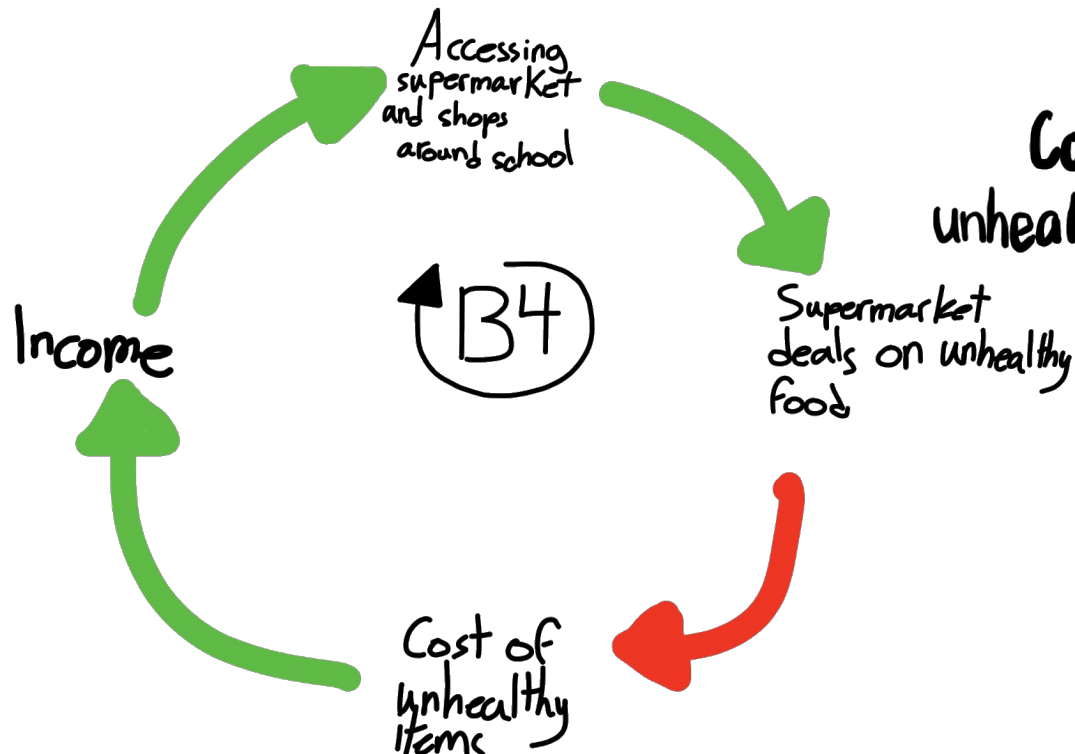
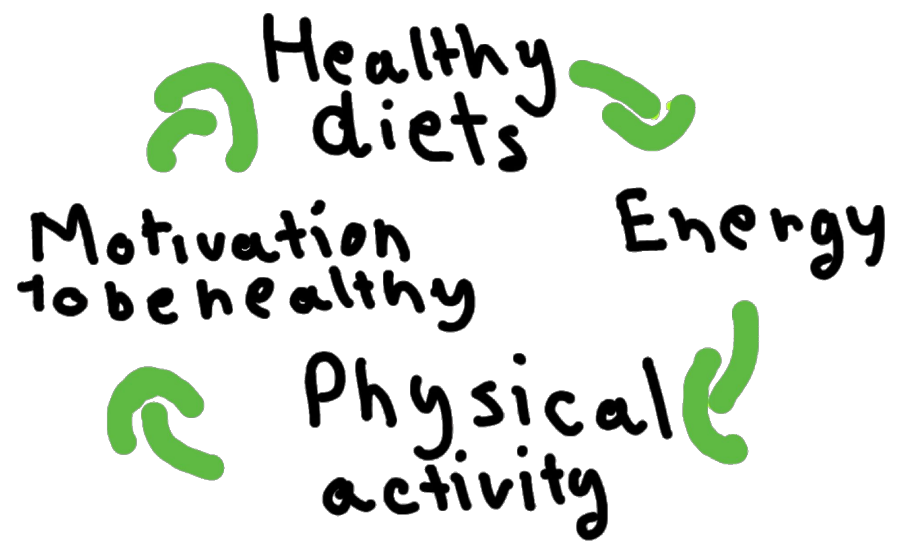
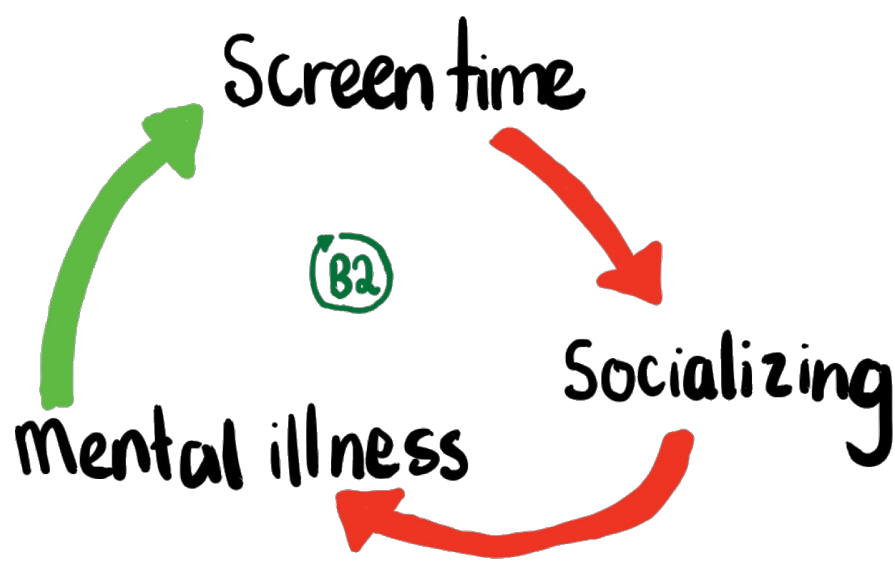
@cubedstem

@ojcollege

Nutrition Education Systems



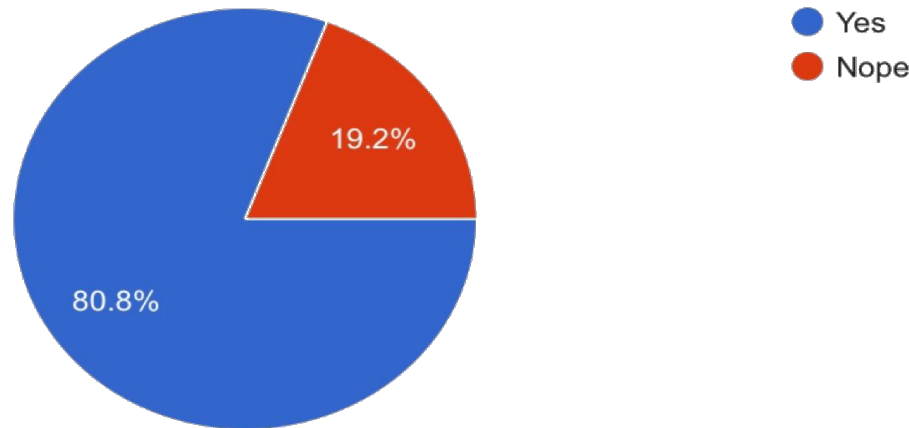
OPUSS: Ormiston Junior College – Systems map of nutrition environments and decision-making



Student Data Collection

Would you like the idea of creating your own healthy fruit smoothie. e.g
\$1 (milk/yoghurt) + \$0.50 cents each fruit added? 🥝🍓

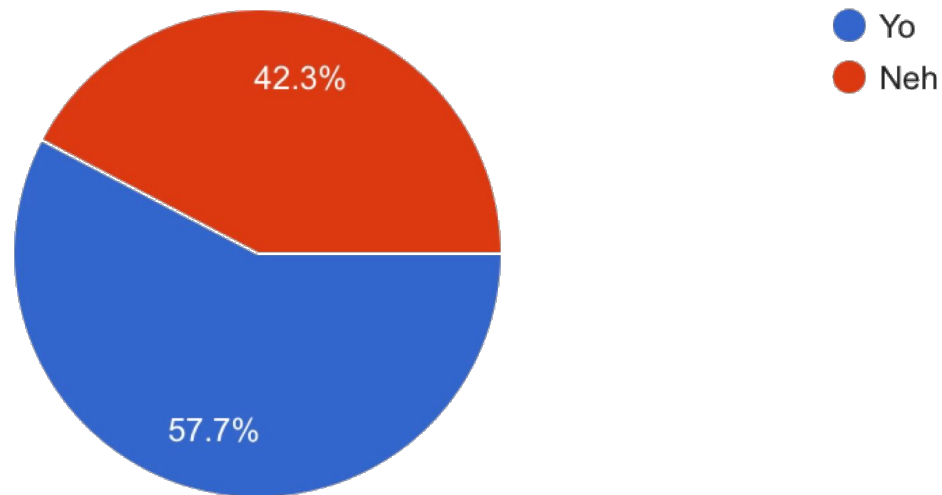
130 responses



Student Options

Would you like more vegetarian options in the cafe? 🥦🥑

130 responses



Student Voice

What types of healthy foods do YOU want to see in the cafe?

130 responses

Salad (5)
Food (4)
I don't know (3)
Halal food plz (3)
Fruits (3)
Fruit salad (2)
Nothing (2)
Idk (2)
More fruits (2)
Apples (2)
Anything (2)
Curry (2)

HOW CAN WE MAKE OUR SCHOOL HEALTHIER WHILE KEEPING STUDENTS & STAFF HEALTHY?

- 80-20 POLICY (80 PERCENT HEALTHY 20 PERCENT UNHEALTHY).
- TEACHER INFLUENCE (NOT DRINKING OR EATING UNHEALTHY FOOD OR DRINKS IN FRONT OF KIDS)
- FREE FRUITS & VEGETABLES (GROWN IN SCHOOL GARDEN)
- FUNDRAISERS – WITH HEALTHY FOOD OR NO FOOD
- LIMITATIONS FOR WHAT CAN AND CANNOT BE BROUGHT TO SCHOOL (EG. NO CHOCOLATE, LOLLIES, COMMON ALLERGY FOODS)
- CAFETERIA SERVING HEALTHY FOOD WITH REDUCED PRICES AND UNHEALTHY FOOD WITH HIGHER PRICES.

Google Tour

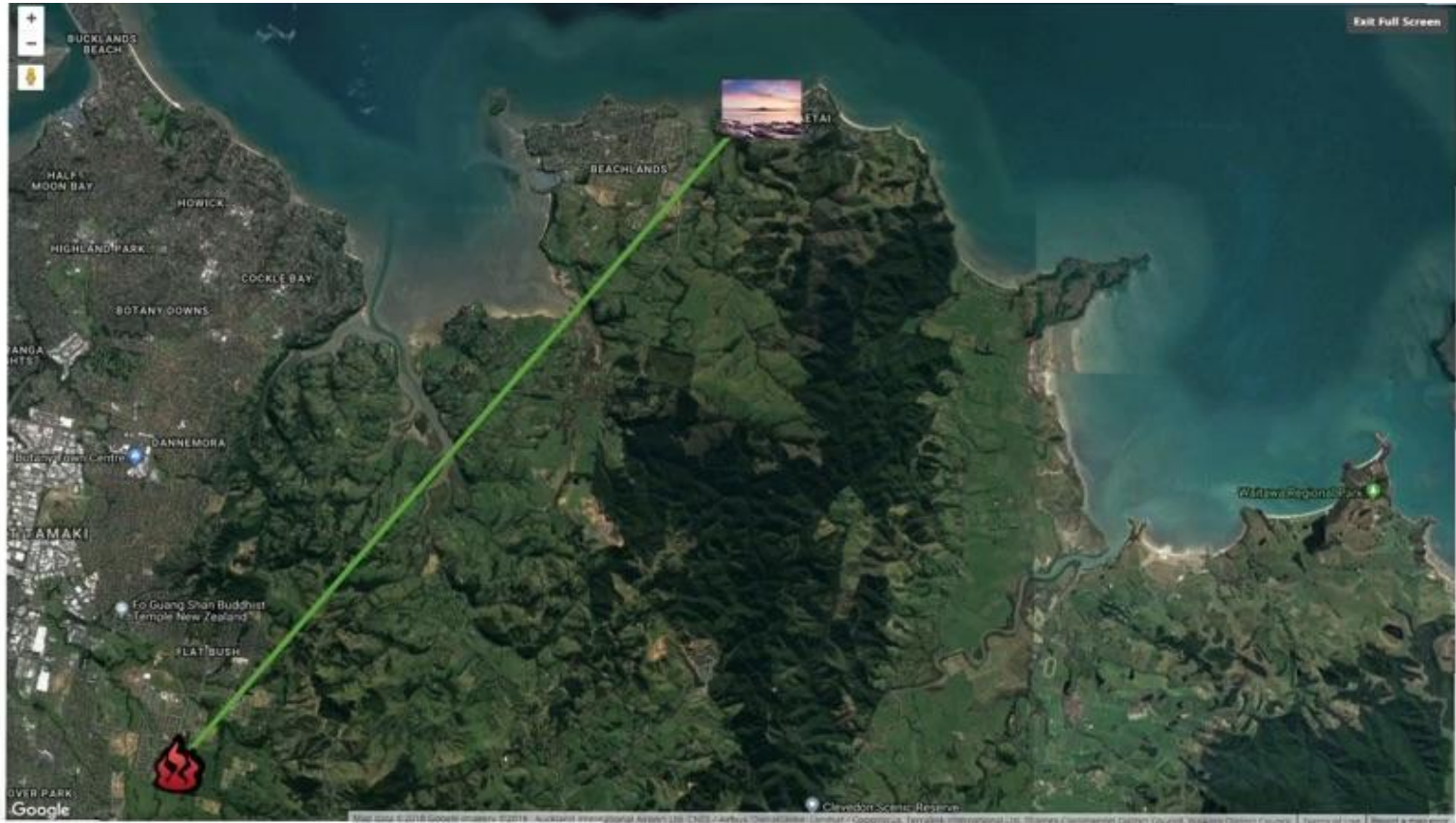


Atua Matua & Google Tour



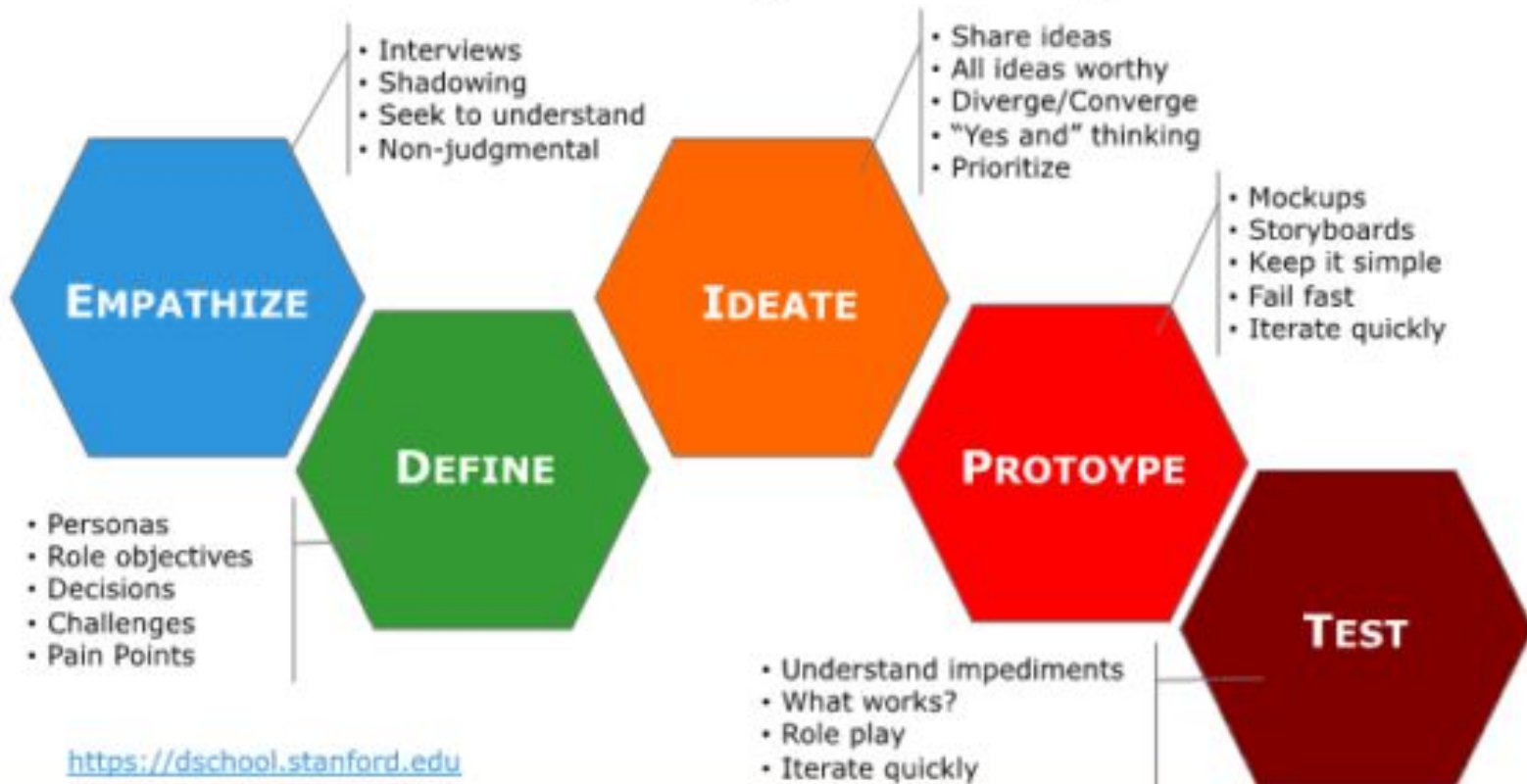
Omana Park Lookout

The story of Mahuika, the goddess of fire starts at Rangitoto because that's where Mahuika lived with her husband Auahi Turoa, the god of smoke. Mahuika has 3 sisters they are the sisters of death. Their names were Rohe, Miru and Hinemutepo. Hinemutepo is the most known out of her sisters. Maui took 10 of Mahuika's makuku (fingernails), and said he was going to use them to start a fire but he lied



Changing Our Perspectives and Models

Stanford d.school Design Thinking Process





“We believe the health of all in New Zealand would benefit with connecting to the land and looking at things through a Maori perspective”

A BETTER
START

ETipueRea

Any Questions?

Now our teacher - Nick

A BETTER
START

ETipueRea

